



**DAVID HOY**  
Executive Director

Growing up as a child with 8 brothers and sisters, David experienced the power of the family system in promoting health and wellbeing among individual family members. Founded in 1997, David Hoy & Associates worked primarily with children and teens adapting a family systems approach inclusive of parents, siblings, extended family, and community.

“THOSE WHO SURRENDER THEMSELVES TO HONEST SELF-REFLECTION AND UNBIASED FEEDBACK ARE THE TRUE WINNERS IN LIFE.”

The agency has grown to include a diverse and increasing number of licensed mental health professionals and life skills practitioners trained to work with individuals, families, and couples within the context of traditional office counseling settings, to in-home environments, as well as within school systems. David is cross-trained in a wide variety of health disciplines and envisions a future in which systems of care become open to each other and collaborate holistically on behalf of individuals, couples, and families.



OUR MISSION is to provide quality counseling services to individuals, families, couples and children. We are committed to empowering people to work through pain and the problems of everyday living without judgment, maintaining the utmost respect and confidentiality.

**MOVING LIVES FORWARD**

COUNSELING & PSYCHOLOGICAL SERVICES



**DHA** **DAVID HOY**  
& ASSOCIATES

Therapeutic Counseling | Change Your Mind

[www.davidhoy.com](http://www.davidhoy.com)

GOLDEN VALLEY

8401 Wayzata Blvd #370, Golden Valley, MN 55426

P: 763.544.1006

CHASKA

510 Chestnut Street #201, Chaska, MN 55318

P: 952.361.3360

HUTCHINSON

101 Main Street #202, Hutchinson, MN 55350

P: 320.587.8078

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We are a team of seasoned professionals committed to providing high quality, ethical care for individuals, couples, and families. Confidential in-office counseling sessions are specifically tailored to meet the needs of each client. Flexible day and evening hours accommodate busy schedules. Most insurance plans and private pay are accepted.

## OFFICE COUNSELING SERVICES

### LICENSED THERAPISTS SPECIALTY AREA INCLUDE:

- Marital and Family Counseling
- Individual and Couples Counseling
- Children and Teens
- Grief and Loss
- Depression, Anxiety
- Attention Deficit Disorder/ Attention Deficit Hyperactivity Disorder
- Adjustment Disorders
- Asperger's, Autism, and other Related Disabilities
- Post Traumatic Stress Disorder (PTSD)
- EMDR Therapy



In addition to basic conflicts and challenges, we specialize in working with families and children involved in social services and community corrections. We are Children's Therapeutic Support Service (CTSS) providers in the state of Minnesota. In-home services are generally paid by Medical Assistance or private pay.

Our licensed mental health professionals and life skills practitioners provide counseling and skills services in homes and community settings.

## IN-HOME COUNSELING SERVICES

### WHO DO WE SERVE IN-HOME:

- Families with children at risk for out-of-home placements or in need of transitional services following a placement
- Children on probation or at risk of entering correctional systems
- Children who struggle with emotional and behavioral disorders
- Children who have difficulties in school
- Children who have experienced abuse, neglect, and other forms of trauma



David Hoy and Associates provides school-based counseling and skill building services to students, families, and school staff. Our staff members are experienced practitioners who have developed strong relationships with principals, teachers, students, and parents.

The programs are supervised by a licensed psychologist who is also available to school staff and parents for consultation, site visits, parent education, pre-assessment, and referrals.

## SCHOOL SERVICES

- One-to-one counseling
- Classroom presentations
- Teacher in-services
- Peer education programs
- Life skills trainings
- Parent/teacher consultations
- Family education
- A wide variety of support groups

Principals interested in obtaining services are encouraged to call MarDee Rosen Hall at (763) 544-1006 for further information or to set up a site visit.

